

CONFERENCE INFORMATION

WELL-BEING FOR ALL. Feel Good, Together



Making your retirement work for you.

Holiday Inn Derbyshire
- South Normanton M1 J28
Carter Lane East
Alfreton, Derbyshire
DE55 2EH

- 4-Star Modern Hotel - 163 Rooms
- Free On-Site Parking
- Free High Speed Wi-Fi
- Transfer from Alfreton Station
- Dedicated NHSRF Check-In
- Lift, Bar & Restaurant
- Located next to East Midlands Designer Outlet

All rooms have Bathroom, some with Walk-In Shower, soft pillows and snuggly quilt, Tea & Coffee making Facilities and a large HD TV



Holiday Inn Derbyshire

Friday 11 - Sunday 13 OCTOBER 2024

CONFERENCE PACKAGE £295

Located in the old mining village of South Normanton in the East Midlands, the **4* Holiday Inn Derbyshire - South Normanton** is a stylish modern hotel with all the facilities you need for a great conference and a comfortable stay. The hotel is perfect for exploring the scenic Peak District and enchanting villages of Derbyshire as well as the grand stately homes. Charming and cosy, the bedrooms are thoughtfully furnished to create a relaxing environment after a long day.

The Welcome Dinner on Friday ensures you settle in to Conference, welcomed by your weekend's compere & live music from **Hayley Di Rito**.

Conference on the Saturday is in the impressive **Derbyshire Suite** with natural daylight & a large breakout room, where morning coffee and chef's baked & fruit treats are served, as well as an afternoon tea with more of chef's treats. A 2 course hot & cold buffet lunch is included for all delegates.

Introduced to Conference this year is the opportunity for small group presentations & discussion in the conference theme... **Well-Being for All**.

A 3 Course Gala Dinner with wine included makes Conference Day end in style, and there is live music from **The New Casuals**, a **lively 60s party band**, guaranteed to make a night to remember.

Once again **IOW Tours** is offering **amazing experiences** if you arrive a day early and/or add an extra night to your stay - see over for details...

*Single Delegates are in Double Rooms - £20pn Supplement
Upgrade to a Superior Room from just £15pppn!*

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TO BOOK CONTACT:
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All information is for guidance only and details are subject to change without notice

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Guest Rooms - Enjoy in Comfort

Unwind in the chic Guest Rooms with supremely comfortable beds (a guarantee!) - each room features contemporary décor & modern amenities, charming and cosy to make you feel at home.



- Cosy & Charming Room
- Thoughtfully furnished
- HD TV with Alarm Clock
- High Speed Wi-Fi
- Hair Dryer & Tea Facilities
- Ensuite & Complimentary Toiletries
- Accessible Rooms available - request when you book

Upgraded Rooms - Relax in Style

Superior Room

- Comfortable Additional Space
- Newly Refurbished
- King Double Bed
- Upgraded Toiletries
- Fridge

£30 per room per night

Rooms for Single Delegates

All Rooms are Double Rooms for Sole Occupancy with a £20pn Supplement.

Early booking is advised as single occupancy rooms are limited at the Conference.

Superior Room only have Double Beds



Travel Options

This year's conference is ideally situated to get to by Public Transport - so be more **GREEN** and let the Train take the Strain!

The hotel offers **FREE** parking and is just off the M1 Motorway Junction 28.

Station Transfer

There is a **FREE TRANSFER** by coach from Alfreton Station (change at Nottingham or Chesterfield for the Erewash Valley Line) Thursday to Saturday for arrival and on Sunday & Monday for a return. This **must be pre-booked a minimum of 28 days prior to arrival.**

Taxi Transfer from either Nottingham or Chesterfield incurs an additional cost.

Stay **EXTRA** Days...

IOW Tours has arranged **Discounted Extra Nights** with **Great Days Out by Coach** over Conference.

Make a holiday of your time away!

THURSDAY 10th October **£69pp**

3 Course Dinner prepared by fabulous Chefs using the best of Peak District produce

Peak District Buxton & Bakewell



£29pp

Bakewell Tasting & Tea
Peak District Guided Tour

Friday 9.45am - 4pm

The Peak District is full of wonderful places to visit - with small picturesque villages and bustling market towns scattered across a scenic landscape well worthy of its National Park status. Travel on less well known roads seeing the spectacular views this area has to offer. Well planned stops with plenty to see and do and a light hearted commentary of the places of interest on the way. Visit Buxton & Bakewell, with a visit to the Original Bakewell Pudding Shop - with a Bakewell 'Pudding' Tart tasting with tea & a talk on its origins. A Blue Badge Guide is with you on the coach.

SUNDAY 13th October **£65pp** 2 Course Buffet Dinner Entertainment, Big Quiz, Fun & Games

Chatsworth House & Guided Tour

Board the coach for a day to the Chatsworth House, home to the Dukes of Devonshire.

Chatsworth House has long been known as a centre for creativity and features art and artefacts that span 4,000 years. Explore over 25 rooms in the stately home, including the Painted Hall, State Rooms and Sculpture Gallery. Discover the history of the Devonshire family and how seventeen generations have each contributed to the creation of one of Derbyshire's finest country houses.

The 105-acre garden is the product of nearly 500 years of careful cultivation and includes an arboretum, rock garden, fountains, sculptures and more. One of Chatsworth's experts brings the visit to life with an introduction tour of the house.

Afternoon Entrance & Tour



£45pp

Morning Tour, Coffee & Cake
House Entry & Guided Tour
Sunday 10am - 4.30pm



By making a booking, you agree to the Trading Charter of Mount Pleasant (IOW) Ltd
Details can be found at www.iowtours.com *T&Cs Apply - talk to IOW Tours