



Conference & AGM



Bristol 2025

Friday 17th October –
Sunday 19th October

Conference held on
Saturday 18th October



Making your retirement work for you.

Come and join us at the



NHS Retirement Fellowship

Annual Conference & AGM

Holiday Inn Bristol Filton

Filton Road, Bristol BS16 1QX

Friday 17th – Sunday 19th
October 2025

2 nights | 3 days **£299_{pp}**

Single Occupancy rooms

Friday & Saturday night.....**£20_{pp}[†]**

Add **Thursday night**..... **£69_{pp}**

Includes dinner

+ single occupancy **£25_{pp}[†]**

Add **Sunday Night**..... **£62.50_{pp}**

Includes dinner

+ single occupancy **£20_{pp}[†]**

Premium room.....**£30_{pp}**



Stylish Bristol Hotel and Conference Centre

Located in North Bristol, Holiday Inn® Bristol-Filton offers comfort and convenience with exceptional service and refined amenities

Relax in stylish rooms with free Wi-Fi and cosy amenities. Standard rooms offer tea and coffee facilities and a TV. Upgrade to a premium room for a mini fridge, complimentary snacks, bottled water, and a Dolce Gusto coffee machine for an elevated stay.

The Open Lobby combines the front desk, lobby, bar, lounge, restaurant and Business Centre into one flexible, open space, allowing us to use the space throughout our visit, great for networking, relaxing and socialising.

The Welcome Dinner on Friday ensures you settle in to Conference, welcomed by your weekend's compere & live music from Bruce Parker.

Conference on the Saturday is in the Academy Conference Centre with a large breakout room, where tea, coffee and chef's baked & fruit treats will be served. A 2 course hot & cold buffet lunch is included for all delegates.

A 3 Course Gala Dinner with wine included makes Conference Day end in style, and there is live music from Soul Divas, a Supremes Tribute band, guaranteed to make a night to remember.

Getting to the Conference

This year's conference is easily accessible by public transport – so be GREEN and let the train take the strain!

We've partnered with GWR's Conference Train Ticket Discount Scheme, offering over **50% off** rail travel for all conference delegates.

Book your discounted tickets online at GWR Conference and Event Travel for tickets within the GWR Network [here](#) – selecting Bristol Conference as your destination

Which destinations?

The conference fare is available to 15 destinations, including Bristol, Bath and Weston-super-Mare. London to Bristol: £54 Standard Class, £109 First Class (return)

Free Coach Transfer – Bristol Parkway Station

A free coach transfer is available from Bristol Parkway Station on the following days:

- Arrival: Thursday to Saturday
- Return: Sunday & Monday

Note: This must be pre-booked at least 28 days in advance of arrival.

If arriving at Bristol Temple Meads, please note that taxi transfers will incur an additional cost.

Driving? No problem! There is free parking available at the hotel, conveniently located just off the M4 motorway.

Entertainment

Friday & Saturday night
Back by popular demand!

DJ Phil Stevens

Your sixties DJ



Friday Cabaret Bruce Parker

California Soul Man

Saturday Cabaret Soul Divas

Supremes tribute band

Coach Excursions

Optional extra – please add to your booking

Friday

Explore Bristol's heritage with your
Blue Badge guide **£45pp**

Spend the morning on **Isambard Kingdom Brunel's** great Steam Ship – the **SS Great Western** – with entrance and tour included.

Then your blue badge guide will guide you around the sights of Bristol from the comfort of your coach, discuss the narrative of the **Slave Trade and Bristol's Maritime Connections**, you will take a drive across the **Clifton Suspension Bridge**, before ending your day at **M Shed**, a vibrant museum located on Bristol's historic harbourside, dedicated to telling the story of the city and its people. With working exhibits like restored cranes and dockside trains, M Shed brings history to life in a dynamic, interactive way that's perfect for visitors of all ages.



Sunday

Tintern Abbey and the Forest of Dean
with cream tea on a steam train **£55pp**

Board the coach in the morning with your Blue Badge Guide for the day, giving informative commentary to keep you entertained.

First cross the magnificent River Severn by bridge where you will start your tour with an included tour of **Tintern Abbey** in Monmouthshire.

Tintern Abbey is a national icon – still standing in roofless splendour on the banks of the River Wye nearly 500 years since its tragic fall from grace.

The Abbey surrendered in the first round of the dissolution of the monasteries – and the great abbey began slowly to turn into a majestic ruin.

Your day continues around the majestic **Forest of Dean**.

Where England meets Wales, separated by the meandering **River Wye**, you'll discover a place of timeless beauty and untamed nature. Pause for a moment at the many breathtaking viewpoints, and explore iconic ruins and unique attractions.

End your day at the Forest of Dean Railway – on a **Steam Train** with **Cream Tea** included!

The round trip on the 4.5 mile line runs through beautiful woodland and countryside, offering a chance to experience the relaxing pace of a typical country branch line in the Wye Valley.

To book your place
call the team at IOW Tours on

01983 405 116

or visit www.iowtours.com
and search tour code **NHRF1025**

NHSRF Conference & AGM

DEPOSIT

A non-refundable
BOOKING FEE
of £20 per person
is required with this
booking form

Book online at
iowtours.com

Search Tour Reference
NHRF1025

PAYMENT

Full payment is due by
22 August 2025

Payment Plans/Staged
Payments accepted
Contact us for details

Call IOW Tours on
01983 405116

(Mon-Fri 9am - 5pm) to book by
phone and pay by card

Pay direct into our bank

Lloyds Bank

Sort Code:

30-90-09

Account No:

58799768

*Please use your postcode
as reference*

CANCELLATION

Charges Apply

14 days or less **100%**

15 - 27 Days **50%**

28 - 42 Days **30%**

More than 42 Days

Booking fee only

*By making a booking you agree
to our Trading Charter
viewed at iowtours.com*

TRAVEL INSURANCE

A travel insurance policy

**should be an important part
of your holiday plans.**

Should you want to, you can
get a quote to meet your
demands and needs by visiting

TOWERGATE

Call 01371 705159



**Friday 17th - Sunday 19th
October 2025**

at the 4 Star Holiday Inn Bristol Filton

Your Conference and AGM Package

2 nights half board en-suite 4-star hotel accommodation
Party Night Friday • Compere and DJ • Live Music with Bruce Parker
AGM • Conference • Exhibition • Conference Lunch • Chef's Treats
'Thank You NHS' Drinks Reception • Gala Dinner with Wine
Disco with your compere • Fantastic Party Band 'Soul Divas'

Friday Coach Trip (optional): Explore Bristol's Heritage
Sunday Coach Trip (optional): Tintern Abbey and the Forest of Dean

**Please select your Friday night meal choice
and add to the booking form:**

STARTERS

- 1. Curried Parsnip Soup** Crusty Roll (VG,GF)
- 2. Ham Hock & Pea Terrine** Toasted Ciabatta, Onion Chutney (GFA)
- 3. Beetroot & Feta Salad** Walnuts and Rocket (VG)

MAIN COURSES *All served with Autumn vegetables*

- 1. Slow Cooked Beef Brisket**
Honey Coated Parsnips, Thyme Roasted Potatoes and Red Wine Jus
- 2. Sea Bass**
Rosti Potato, Grilled Asparagus, Spinach, Tomato and Caper Salsa (GF)
- 3. Wild Mushroom Risotto**
Parmesan Crisp and Basil Oil (VG,GF)

DESSERT

- 1. Mini Chocolate Profiteroles** drenched in Chocolate Sauce
- 2. Sticky Toffee Pudding** Toffee Sauce
- 3. Lemon Tart** Raspberry Coulis
- 4. Tropical Fruit Salad**

BOOKING FORM 2025



RESIDENTIAL PACKAGES includes Conference and Gala Dinner

2 NIGHT Full Weekend Package..... **£299** per person ☐

1 NIGHT Saturday inc. Conference & Gala Dinner..... **£205** per person ☐

SUNDAY NIGHT Offer with Dinner & Entertainment **£62.50** per person ☐

THURSDAY NIGHT Early Arrival with Dinner **£69** per person ☐

Double Sole Occupancy £20pn⁺ ☐

Premium Room £30prpn ☐

DAY CONFERENCE TICKETS includes Conference Lunch

Conference & Gala Dinner **£115** ☐

Conference & AGM **£65** ☐

PERSONAL DETAILS

No. of people.....

Title.....First NameFamily Name.....

Postal Address.....

.....Postcode

Telephone.....Email.....

YOUR NHSRF BRANCH.....

Accommodation Type:

Single £20pn⁺ ☐ Double ☐ Twin ☐ Conference Only ☐ Conference/Gala Dinner ☐

Friday Night Menu Choice 1/2/3/4 - See previous page: Starter ☐ Main ☐ Dessert ☐

Special Requests ie. dietary requirements, mobility difficulties etc

Station Transfers: Tick if required ☐ **Train Times:** Arrival..... Departure.....

All bookings are subject to availability at the time of booking. Space is not guaranteed until the deposit is paid.

Cheques to be made payable to **Mount Pleasant (IOW) Ltd - IOW Tours**

Phone the IOW Tours Holiday Team for queries or to book by phone, or you can book online
enquiries@iowtours.com • iowtours.com • 01983 405116

IOW Tours is a trading style of Mount Pleasant (IOW) Ltd. 51 High St, Shanklin, IOW PO37 6JJ